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The Skills and Wellness Gathering Event Series Overview

What is the Skills and Wellness Gathering?

The Skills and Wellness Gathering ("the Gathering") is an event series that will introduce Nokiiwin community members to initiatives that are designed to promote local capacity and enhance wellbeing. By co-hosting the Gathering with Nokiiwin communities and their staff, projects can engage directly with members, offering insights that generate more practical outcomes, tools and resources.

Please note that all projects may not be present or available at every Skills and Wellness Gathering.

Projects Present Include:

The Skills Inventory – The Skill Inventory is an offline web application designed to connect Nokiiwin members with regional employers, build community capacity and attract investment. An account can be created at any time using the Google Chrome web browser at www.nokiiwinhr.com.

Your contact for this initiative: Corey Anderson, Skill Inventory skills@nokiiwin.com Direct Line: (807) 699-6208

Solid Waste Management – Proper solid waste management is essential to the health and sustainability of the environment and Nokiiwin communities. This initiative shares information on how to best dispose of household and commercial waste to avoid harming the environment and impacting personal health and waste diversion initiatives.

Your contact for this initiative: Erin Desjardins, Solid Waste Management Coordinator wastemanagement@nokiiwin.com Direct Line: (807) 699-6210

The Community Resource Guide - The Community Resource Guide was created to identify community resources using the medicine wheel. This gathering provides everyone with an opportunity to give feedback on the resource guide which will be available this fall.

(Contact information on the following page)





Your contact for this initiative:

Brian Dunn, Disabilities Coordinator disabilities@nokiiwin.com Direct Line: (807) 699-6203

The Mino-niigaanendmowin program – The Mino-niigaanendmowin program is designed to help adults get the necessary education and life skills they need to begin contributing to their community. Located in five of the Nokiiwin communities and at the Thunder Bay satellite office, the mission of the initiative is to allow members to achieve their educational goals without having to relocate.

Your contact for this initiative:

Scott Baker, Mino-niigaanendmowin Coordinator learning@nokiiwin.com Direct Line: (807) 699-6220

Restorative Justice and Community Legal Work – Established in 2016, the Restorative Justice department was developed to help those affected by crime identify and address their needs in a respectful, compassionate and inclusive manner. Department staff are present to engage and assist community members by coordinating public legal education, victims support services as well as identify potential opportunities for diversion to promote healing, reparation and reintegration.

Your contact for this initiative:

Cheryl Suggashie, Community Legal Worker legalworker@nokiiwin.com Direct Line: (807) 699-6215

Health and Safety – G'minoomaadozimin ("We Are Living Well") focus on enhancing health and safety through training and awareness for safer workplaces, safer families, safer communities, building us a stronger Nation.

Your contact for this initiative: Bo Sault, Health and Safety Advisor healthandsafety@nokiiwin.com Direct Line: (807) 699-6204

Mental Health and Safety – G'minoomaadozimin ("We Are Living Well") this initiative offers training to communities in Lateral Kindness, Mental Health First Aid, Psychological Health & Safety, Workplace Trauma and any other requests regarding workplace mental health & safety. Communities are engaged with these resources to build strength from the inside to restore their community bundles.

(Contact information on the following page)





Your contact for this initiative:

Kerri Wright, Mental Health Navigator safety@nokiiwin.com Direct Line: (807) 699-6205

Economic Development and Community Planning – By understanding the goals and values of Nokiiwin community members, economic development can provide better insights when assisting with business creation, workforce development and community planning.

Your contact for this initiative:

Tara Ingram, Economic Development Officer/Community Planning Advisor edo@nokiiwin.com Direct Line: (807) 699-6206

Community Survey - The Nokiiwin Tribal Council Community Survey is a partnership with Lakehead University organized to understand labour force participation, work productivity and disabilities to foster practical solutions.

Your contact for this initiative:

Chris Viel, Research Assistant at Lakehead University, Department of Health Sciences <u>cdviel@lakeheadu.ca</u> Phone: (807) 343-8010 ext. 7665

Benefits to the Community Include:

This adaptive event is available at no cost to each Nokiiwin community and can take place in a variety of settings and is generally three (3) to four (4) hours in length not including setup or takedown. By hosting the Skills and Wellness Gathering, communities benefit through;

- Enhanced Nokiiwin programs, tools and resources;
- Comprehensive community and event promotion;
- A detailed report that is made available to community staff and leadership outlining event outcomes; and
- Where possible, community-sourced catering.

The Skills and Wellness Gathering event series is facilitated by the Nokiiwin and community staff whose projects or departments are present at each location. This information is also available on the Nokiiwin website at www.nokiiwin.com/skills-wellness.



Other Considerations:

The Skills and Wellness Gathering piloted in Biinjitiwaabik Zaaging Anishnabek (Rocky Bay First Nation) on July 11th, 2018 with 45+ active participants. This initial event highlighted opportunities to facilitate meaningful engagement with community members, offering a platform to learn about Nokiiwin projects, and engage with the resources that matter most to them.

To best serve Nokiiwin community members, the Skills and Wellness Gathering can be offered twice in each community. By working with community staff, the Gathering is optionally aligned with upcoming events or promoted independently, supporting engagement efforts, increasing turnout and maximizing resources. In doing so, the Gathering can incentivize participation by contributing food and refreshments for attendees, door prizes and community-specific grand prizes that include the newest iPad, gift certificates and a professional resume package valued at \$700+ CDN. The grand prize draw will tentatively take place via Facebook Live in mid-November.

Photography:

Please note that photographs will be taken at every event as a part of the funding agreements that support the Skills and Wellness Gatherings.

Additional Information:

Please contact Corey Anderson at skills@nokiiwin.com or his direct line at (807) 699-6208. For any questions or concerns related to the Skills and Wellness event series, please contact the Executive Director at (807) 699-6201 or by email at director@nokiiwin.com. **Miigwetch!**

