

# MAMOWENCHIGE

'WORKING TOGETHER'

October 22-25, 2019



**Nokiwin**  
TRIBAL COUNCIL



This conference will provide awareness to improve the health, safety and wellness to help address some of the challenges that are currently faced within our communities.

The conference presenters will speak about the ways that communities can address lateral violence and harassment, cultural safety at work and safety for all community members.

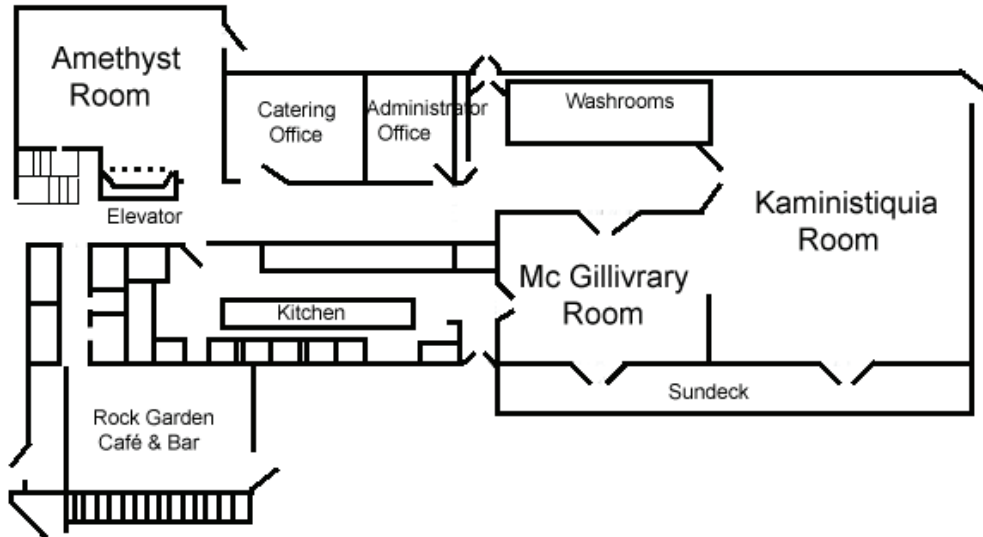
Our Spirit Builder Training has become a positive force of traditional values and teachings, knowledge exchange and have brought an awareness forward that can only come from this kind of training.

We pride ourselves on the content of the Our Journey Away from Lateral Violence Training Program and look forward to sharing this knowledge with as many people as possible. Understanding historical trauma – why we are the way we are and where do we go from here – fosters an understanding that cannot be reached anywhere else.

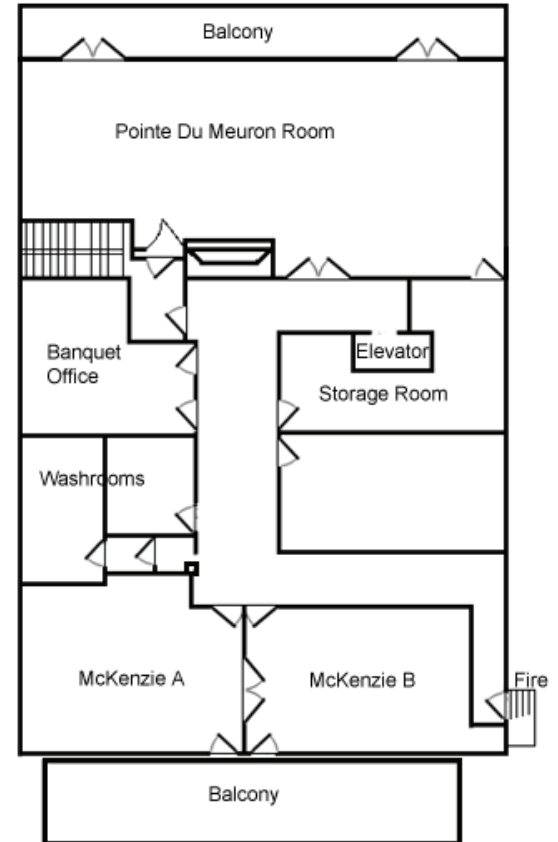
# Floor Map

Event Rooms

## First Floor



## Second Floor



# Day 1

October 22, 2019

	<b>Kamanistiquia Room</b>	<b>Amethyst Room</b>	<b>Pointe Du Meuron</b>
7:30 a.m. - 8:30 a.m.	<b>Breakfast</b>		
8:30 a.m. - 10:30 a.m.	Opening <b>Keynote - Chief Susan James &amp; Florence Jack</b> Reconciliation to Heal the Community - Bridge River Recovery		
10:30 a.m. - 10:45 a.m.	<b>Break - Network</b>		
10:45 a.m. - 12:00 p.m.	<b>Ken Ogima</b> Violence and Harassment as a Supervisor	<b>Denise Findlay</b> Lateral Kindness	<b>Alice Cullingford</b> Resilient First Nations: Emergency Preparedness via Inclusive Participatory Processes
10:00 p.m. - 1:00 p.m.	<b>Lunch</b>		
1:00 p.m. - 2:15 p.m.	<b>Asha Rampersad</b> A Dialogue on How Leadership can Transform Toxic Cultures	<b>Lisa Isaac</b> Making the Way you Work, Work for You: A Look at Organizational Culture and Workplace Health	<b>IFMO Project</b> First Response
2:15 p.m. - 2:45 p.m.	<b>Break - Network</b>		
2:45 p.m. - 4:00 p.m.	<b>Marisha Roman</b> Restoring the Workplace Wokshop	<b>Rebecca Thomas</b> Two-eyed Seeing	<b>Mary Spencer</b>

# Day 2

October 23, 2019

	<b>Kamanistiquia Room</b>	<b>Amethyst Room</b>	<b>Pointe Du Meuron</b>
7:30 a.m. - 8:30 a.m.	<b>Breakfast</b>		
8:30 a.m. - 9:00 a.m.	<b>Opening</b> MC - What was Heard		
9:00 a.m. - 10:15 a.m.	<b>Keynote - Respectful Community/Toolkit</b> Nokiiwin Tribal Council - Share the Path Forward		
10:15 a.m. - 10:45 a.m.	<b>Break - Network</b>		
10:45 a.m. - 12:00 p.m.	<b>Susan Freeman</b> Being a Supervisor	<b>Keestin O'Dell</b> Being a Okicitawak (Worthy Man)	<b>Regina Jacobs</b> Domestic Violence Preparedness
10:00 p.m. - 1:00 p.m.	<b>Lunch</b>		
1:00 p.m. - 2:15 p.m.	<b>Vicki Kristman &amp; Robyn O'Loughlin</b> Understanding First Nation Labour Force Participation	<b>Elton Beardy</b> Youth Engagement Using Culture	<b>Noreen Agnew</b> 58 Protectors
2:15 p.m. - 2:45 p.m.	<b>Break - Network</b>		
2:45 p.m. - 4:00 p.m.	<b>Closing Keynote - Anthony Johnson</b>		

# Day 3 & 4

October 24 - 25, 2019

## **Spirit Builder Training - trainer to be announced**

Our Spirit Builders have become a positive force of traditional values and teachings, knowledge exchange and have brought an awareness forward that can only come from this kind of training. We pride ourselves on the content of the Our Journey Away from Lateral Violence Training Program and look forward to sharing this knowledge with as many people as possible. Understanding historical trauma – why we are the way we are and where do we go from here – fosters an understanding that cannot be reached anywhere else.

2 full training sessions have been completed which has resulted in a total of 36 Spirit Builders since beginning in January 2017. We are committed to creating change and building a healthier future for communities.

# Speakers



## **Chief Susan James**

Susan is the Chief of the Bridge River Indian Band, also known as Xwisten. Her community is located in the southern Interior of British Columbia.

Susan has worked as an Administrator for aboriginal organizations for 40 years. She has been on Council with Xwisten for 35 years, eight years as Chief. She has for many years served as a Board Member with the Lillooet Friendship Centre Society and the Upper Statimc Language, Education and Cultural Society.

Her passion is in Education and Training. In her free time Susan loves to travel, play golf and curl.



## **Florence Jack, CPA, CGA, CAFM, BBA**

Florence is a member of Xwisten (Bridge River Indian Band).

Florence is a Certified Professional Accountant (CPA) and has been working for her

community as the Finance Manager/Assistant Administrator since 2004.

She also is a Trustee for the St'atimc PC (2011) Trust and teaches accounting on contract with Thompson Rivers University. She has an eleven-year-old daughter and together they love to travel, golf, curl, and read.

# Speakers



**Denise Findlay, M.Ed., CPCC, ACC**

Educator, Facilitator and Consultant  
Owner of Kweykway Consulting

Denise is a seasoned and dynamic professional with a passion for supporting people to fulfill their potential. Denise has worked in over 120 First Nations communities and organizations throughout Canada, including her own community The Squamish Nation.

Although most well known for her pioneering work in the area of Lateral Violence, Denise's focus is on facilitating personal and community empowerment, development and wellness. Denise specializes in contemplative education, consulting and coaching. She works closely with First Nations' Health, Child and Family Services, Education, & Leaders and is gifted at facilitating community processes and is currently immersed in understanding Indigenous Healing Rituals as Emotional Playgrounds.

Denise holds Master's Degree in Education from Simon Fraser University focusing on Contemplative Inquiry and Approaches in Education (<https://denisefindlay.wordpress.com>) and is a Faculty Intern with The Neufeld Institute specializing in Developmental Attachment Psychology, Trauma and Resilience. Denise holds a BC Provincial Instructors Diploma from VCC and is a Certified Professional Coach with advanced training in systems coaching. Denise has spent over 6 years studying Process Psychology with Dr. Stephen Schuiteveorder ([www.processingconsulting.org](http://www.processingconsulting.org)) as her mentor. f Mr. Tulshi Sen, International Speaker, Teacher and Author of Ancient Secrets of Success.



# Speakers



## Alice Cullingford

Alice Cullingford has been a career firefighter since 2001 and holds the position of Captain. She also works as a consultant specializing in hegemonic

human relations issues, diversity, and employee engagement, attraction, and retention for both public and private sector organizations.

Alice Cullingford is a Doctor of Business Administration and holds a Master of Arts in disaster and emergency management.



## Mary Spencer

Mary Spencer is a member of the Chippewas of Nawash First Nation who boxed on the Canadian Boxing Team from 2004-2016.

While part of the Canadian Boxing Team, Spencer won three World Championship titles (2005, 2008, 2010), a Pan Am gold medal, and in 2012 became the first woman in Canada to box in the Olympic Games.

She also won seven Continental Championships and fifteen International Tournaments. Spencer was named Boxing Canada's "Boxer of The Year" six times and continues to train for the 2020 Olympics.

# Speakers



**Lisa Isaac, CHRL, CHRP**

Lisa is a certified HR leader and professional (CHRL and CHRP), passionate about helping leaders with their people. Through partnership, she teaches others how to find the HR resources they need, encourages them to think about people in the decision-making process, and helps to make difficult conversations a little easier.

Prior to founding Lisa Isaac HR Professional Services, she worked in the manufacturing,

energy, and banking industries in Alberta, Nunavut, and Ontario, and in her home community, Moose Deer Point First Nation. Her team of HR professionals strives to be the trusted HR partner based on honesty and innovation.

Lisa is an active volunteer with the HR regulatory body, the Human Resources Professional Association (HRPA), and the entrepreneurial community. Lisa has recently been featured on the Lambton Shield podcast and print magazine, and was a panelist in the International Women's Day "Meet the Entrepreneur" event.

She values sharing knowledge and continuous learning, finding creative solutions, and helping others succeed. When she's not finding solutions, you can often find Lisa with her dog and kayak, checking out beautiful lakes and rivers.

# Speakers

## **Marisha Roman, LL.B., B.A.**

Marisha Roman brings analytical skills, curiosity and perseverance—as well as respect and empathy—to her role at Rubin Thomlinson. She excels at interviewing, analyzing the evidence and reaching a conclusion supported by the facts while ensuring the process, which is understandably difficult for everyone, is respectful. Marisha focuses on the issues as well as the people in the investigation. She appreciates the opportunity to support the people involved in resolving conflicts. And, she understands that a thorough, timely and fair investigative process will lead to a sound decision. For Marisha, the foundation for a sound investigation is asking effective questions. She says, “asking questions that will support the process requires that you pay close attention to the person in front of you. You need patience to pick the right question, preparedness to ask the questions that are needed and compassion when listening to the answers.”

Before joining Rubin Thomlinson, Marisha investigated complaints in post-secondary institutions, including those involving sexual violence; Indigenous workplaces; and amateur sport bodies. As a member of the First Nation community (Wiikwemkoong Unceded Territory), Marisha applies this lens to her investigative work, most particularly in the Indigenous workplace and amateur sport environments, which tend to be small communities where there are longstanding relationships outside of the workplace or association. She recognizes the importance of working thoroughly and quickly, while educating everyone about the importance of confidentiality, and creating a process and report with the understanding that the parties are likely to remain in the same community.

# Speakers

## **Susan Freeman, MSc Marketing**

Program Manager, Communications Services  
& CCOHS Mental Health Champion

Sue Freeman is a Program Manager at the Canadian Centre for Occupational Health and Safety (CCOHS) within the Communications group. She is responsible for delivering workplace mental health facilitated workshops, supporting business development activities, managing projects plus the CCOHS Speakers Bureau Program.

With research interests centering on Positive Workplaces, Sue uses her background in experiential psychotherapy, emotional intelligence and positive psychology to help promote workplace issues. Sue is also one of two appointed Mental Health Champions at CCOHS.

Sue has a Masters of Science-Marketing from the London School of Business and Finance (LSBF) and the University of Wales, Cardiff. Her thesis focused on how social marketing campaigns help promote both community and workplace health and safety.

# Speakers

- MC – Don Burnstick
- Ken Ogima
- IFMO Project
- Rebecca Thomas
- Keestin O'Dell
- Regina Jacobs
- Vicki Kristman
- Robyn O'Loughlin
- Elton Beardy
- Noreen Agnew
- Anthony Johnson