



**"We Are Living Well"  
G'MINOOMAADOZIMIN**



**Join us for the kick-off event to the Working, Living  
and Being Well Health and Safety Conference**

## **Being Well – An Inside Job**

**November 27th, 2018 | 6:00 to 9:00 p.m. | \$50**

Victoria Inn Hotel and Conference Centre | Embassy Ballroom | Thunder Bay, ON

**This presentation is OPEN TO THE PUBLIC**



Dr. Steve will be guiding us through the road map of healing, utilizing teaching and breathwork, to raise awareness and resilience, as well as having us tap into the power of our own inner healer.

Dr. Steven Fonso is an author, owner and holistic health practitioner. He has served the community with over 110,000 office visits, helping people heal anxiety, PTSD, exhaustion, and other conditions of stress. He also runs workshops and day events both locally and internationally. He lives in Thunder Bay with his wife and 3 children, and has recently opened a holistic fitness boutique that runs small group resilience classes based on fitness, movement and breathing practices.

**Hosted by:**

G'minoomaadozimin - We Are Living Well  
Health & Safety Initiative & Nokiiwin Tribal Council

**To Register please E-mail: [safety@nokiiwin.com](mailto:safety@nokiiwin.com)**

**Cost: \$50 (Open to the public)**